

## The Scientist-Practitioner: Strategies for Practitioners in How to Use Client Data to Inform Practice and Undertake Research

**Online Workshop, April 18, 2015, 9am to 12pm AEST**

**Presenter: Dr Gery Karantzas, Edoctus**

Therapists are often keen to evaluate their own practice and efficacy in counselling and clinical contexts. However, practitioners often remark on their limited knowledge, understanding, or time regarding the conduct of research and evaluation into therapeutic practices and client outcomes. In this online workshop, I outline strategies that can be used by therapists and counsellors to systematically collect and analyse the data of clients. The analysis of client data can then be used by therapists and counsellors to inform their own practice and chart client progress through the therapeutic process.

This online workshop is designed for practitioners that do not have much statistical expertise, experience in conducting research, or are keen to evaluate their own practice but are unsure of how to do so. The workshop will be particularly relevant to relationships and family therapists/counsellors, clinical psychologists and health psychologists. Basic prior knowledge of Microsoft Excel is recommended.

**Learning objectives:** This online workshop has seven learning objectives. In this workshop, participants will develop knowledge and skills regarding:

1. the types of data that can be used to assess therapeutic practice and change
2. when to administer various client assessments
3. the use of Excel to examine patterns of change within and between individuals
4. collecting data using online methods and smart phone applications
5. using case notes to inform practice
6. the practice and ethics of using client data for research and publication
7. creating research teams with like-minded practitioners and researchers

**Workshop participants will be provided with handouts of the workshop slides, useful measures to assess both therapist and client outcomes, as well as examples of how to publish case studies and small data sets.**

### Workshop Overview

Theory 1: *Working with Survey Data: When to Collect it and How to Assess Efficacy Over Time*

Practicum 1: Using survey data with Excel

Theory 2: *Working With Qualitative Data and Case Notes*

Practicum 2: Extracting meaningful data from client notes

Theory 3: *Using Online Technologies to Collect Client Responses*

Theory 4: *Ethics in Conducting Research with Clients and Developing Research Networks*

**Cost:** Professionals and academic staff: \$185.00 (early-bird rate - until April 11th) \$235.00 (rate after April 11th)  
Students (full-time or part-time): \$115.00 (early-bird rate - until April 11th) \$165.00 (rate after April 11th)

**Closing date:** Registration and fees must be received by **April 14<sup>th</sup>, 2015**.

**Spaces are limited, so you need to book early. To register, please go to:**

<http://www.edoctusaustralia.com/workshops--seminars.html>

**Your Presenter:** Dr Gery Karantzas is the director of Edoctus. He has consulted to practitioners and numerous service delivery providers regarding methods for collecting and using client data to inform the professional practice. He is the author of over 50 publications and edited the Wiley-Blackwell Handbook of Couple and Family Relationships (with co-editor Patricia Noller). Dr Karantzas is an award-winning teacher with over a decade of experience conducting teaching courses in relationship science and research methods both in university and industry settings. He is also a senior lecturer in the School of Psychology at Deakin University, and teaches widely in social psychology and developmental psychology and research methods at undergraduate and graduate levels.